

RECOMMENDATION #10

RECOMMENDATION FROM the TETON DISTRICT HEALTH OFFICER

**GENERAL PUBLIC - COVID-19 DISEASE RED LEVEL RISK
RECOMMENDATION FOR THE GENERAL PUBLIC
WITHIN TETON COUNTY, WYOMING**

WHEREAS, during the month of October 2020 there has been a substantial increase of active cases of COVID-19 in Teton County, Wyoming; and

WHEREAS, contact tracing has evidenced that community spread of COVID-19 is occurring in Teton County, Wyoming, and has led to the rise in active cases of COVID-19; and

WHEREAS, Dr. Travis Riddell, MD, MPH, serves as the Teton District Health Officer pursuant to Wyoming Statute § 35-1-306(a); and

WHEREAS, Teton County and the City of Jackson have formed the Teton Health District which encompasses all of Teton County, Wyoming, including the City of Jackson, a Wyoming Municipality; and

WHEREAS, there are 1299 active cases of COVID-19 in Wyoming as of October 6, 2020, and 49 active cases of COVID-19 in Teton County as of October 6, 2020, as well as the presence of community spread in Teton County; and

WHEREAS county-specific metrics have triggered an increase in the Teton County Health Department's assessment of COVID-19 risk level to RED.

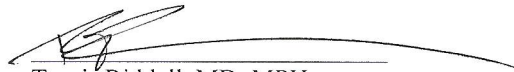
NOW, THEREFORE, IT IS HEREBY RECOMMENDED, that the general public take all viable precautions, specifically:

1. Limit exposure to others outside of your household, school and work.
2. Work from home if possible. Phone and video chats are encouraged in place of in-person meetings.
3. Limit travel as much as possible, and when travelling limit contact with others in public spaces.
4. Follow physical distancing measures:
 - a. Always maintain a 6 foot distance from other individuals when in public.
 - b. Wear a face covering in public when you cannot maintain 6 foot physical distancing.
 - c. Refrain from shaking hands with other individuals
 - d. Do not visit friends or family without urgent need.
 - e. Do not attend non-essential gatherings.
5. Follow strict hygiene standards including:
 - a. Wash hands with soap and water for at least 20 seconds as frequently as possible.
 - b. Use hand sanitizer (at least 60% alcohol based) when soap and water are not available.
 - c. Cover coughs or sneezes into the elbow or sleeve, not hands.
 - d. Regularly disinfect high-touch surfaces (buttons, door handles, counters, etc.)
 - e. Stay home when sick, even with mild symptoms.
6. Avoid physical interactions with high-risk individuals as much as possible.

7. No non-essential visits to hospital, nursing homes and other residential care facilities.
8. Do not arrange or participate in in-person playdates or similar activities.
9. Reduce your trips to the grocery store, post office or other errands.
10. Do not dine out except for carryout or delivery.
11. Do not congregate at trail heads, parks, or other outdoor spaces.
12. Continue to follow other State and County Health Orders, Recommendations and Guidelines.

EFFECTIVE DATE: This recommendation is effective October 7, 2020 and shall continue until the Teton County Health Department reduces the risk level from Red back down to a lower level.

DATED THIS 7 DAY OF October, 2020.



Travis Riddell, MD, MPH
Teton District Health Officer